

Adam's Prostate Care

"The bottom line is that we're still in an era of experimentation with regard to creating natural hormone balance in men and treating prostate problems. We know a lot, but there may be subtleties in treatment and individual variations in biochemistry that require approaches that we haven't recognized yet. This makes it important for men using supplemental hormones to take full responsibility for any hormone treatment: to become as educated as possible; to keep up with research on the subject; to track symptoms carefully; to get regular saliva hormone level tests; and if at all possible to work with a health care professional who can help with all of the above." says Dr. John R. Lee in the Introduction to "Hormone Balance for Men"

Ingredient List

American Ginseng strengthens the adrenal and reproductive glands. Enhances immune functions, promotes lung functioning, and stimulates the appetite. Useful for bronchitis, circulatory problems, diabetes, infertility, lack of energy and stress. Used by athletes for overall body strengthening.

Bearberry Extract, (Uva Ursi) increases the flow of urine but has a sedative and tonic effect on bladder wall. Acts as astringent, diuretic, tonic. Bearberry helps to reduce accumulations of uric acid and to relieve the pain of bladder stones and gravel. Used to alleviate chronic cystitis. It may also help where bed wetting is a problem.

Carrot Oil used since the sixteenth century for skin diseases due to its believed cleansing, depurative, and draining properties. This carotene-rich emollient has been indicated for acne skin conditions, dermatitis, skin irritation, skin rashes, and wrinkles; derived from the carrot root.

Lemon Grass Oil is considered astringent and tonic. Lemon grass oil is the volatile oil distilled from the leaves of the lemon grasses.

Natural Glycerin is used as a moisturizer and humectant to replace moisture in the skin

Natural Progesterone derived from the soy plant and Mexican wild yam root. These sterols are processed through several fermentation steps to yield progesterone which is identical to the progesterone which is produced by the human body.

Natural Vitamin C Adam's Prostate Care uses Ascorbic Acid from *Malpighia punicifolia*, the Acerola cherry. Vitamin C is a very powerful antioxidant that also protects other antioxidants, such as vitamin E. The cells of the brain and spinal cord, which frequently incur free radical damage, can be protected by significant amounts of vitamin C.

Vitamin C acts as a more potent free radical scavenger in the presence of a bioflavonoid called hesperidin. In addition to its role as an antioxidant, Vitamin C detoxifies many harmful substances and plays a key role in immunity. It increases the synthesis of interferon, a natural antiviral product.

Pumpkin Seed Oil contains B vitamins, essential fatty acids, protein and zinc. Useful for prostate disorders. Acts as anthelmintic. Pumpkin Seed Oil is also useful for healing wounds, especially burns and chapped skin.

Pygeum Africanum is a large evergreen tree native to Africa, where it has been used for a variety of health compliments. The purified fat-soluble extract of the bark of Pygeum Africanum has demonstrated clinical efficacy similar to the extract of saw palmetto. The mechanism of action appears to work via its inhibition of cholesterol uptake by the prostate, antagonizing testosterone, and reducing prostatic inflammation.

Rosemary Extract is a natural preservative.

Sarsaparilla contains the amino acids methionine and cysteine. Sarsaparilla contains a sapogen called diosgenin which contains the female hormone progesterone and male hormone testosterone. Sarsaparilla helps strengthen the nerve fibers and tissue of the brain, spinal cord, lungs, and throat. Sarsaparilla is especially good for removing heavy metallic contaminants from the blood, which are received through the nostrils in the foul, smog filled air of urban areas. Sarsaparilla root, which contains testosterone, will help hair to re-grow.

Saw Palmetto Berries acts as a diuretic and urinary antiseptic, stimulates the appetite, inhibits the production of dihydrotestosterone, a hormone that contributes to the enlargement of the prostate (aka swollen prostate). Good for poor appetite and prostate disorders. May also enhance sexual functioning and desire.

Steric Acid is a colorless odorless wax-like fatty acid occurring in natural animal and vegetable fats.

Vitamin E is considered the most important oil soluble antioxidant and free radical scavenger. As a moisturizer, vitamin E is well absorbed through the skin; derived from alfalfa and wheat.